

+ Snijdend



Ambulatory Care
Instructions



Soon you'll be visiting the Dr. Horacio E. Oduber Hospital for ambulatory care.

This may be for an operation or examination for which it is required to stay at the Hospital for a few hours. In this folder you will find the necessary information to prepare. After your visit at pre-screening you will bring your papers to admission and make an appointment for surgery. Some specialists require that you bring back a receipt of your visit to admission. Take good note of that

For an Appointment you must Bring:

1. Admission Card & Screening papers
2. Valid I.D.
3. AZV Card

The day before your surgical procedure

You will receive a confirmation call the day before surgery. Eat normally the day and evening before. However, do not eat any food, drink any liquids (including water), chew gum, eat candy or mints after 12 o'clock midnight. Surgery may be cancelled if you do so. Please take good notice of this! If necessary you can take your routine prescribed medications with a sip of water on the morning of surgery.

- Do not drink alcoholic beverages 24 hours before or after surgery. Smoking before surgery is discouraged.
- Please bath or shower the evening or morning before surgery.
- Please arrange in advance for someone to drive you home following surgery. Every patient must be accompanied by a responsible adult. For your protection you will not be permitted to drive yourself home.
- If you should become ill prior to surgery, please call your doctor.

The day before your surgical procedure

- On the day of surgery you must report to ambulatory care located on the second floor (Admissions department will provide you with the date and time).
- You must bring with you your routine prescribed medications.
- Do not wear heavy makeup, body lotion, nail polish and remove all jewelry. Leave valuables at home. If you wear contact lenses, bring a container in which to put them.
- Dress in comfortable, loose fitting clothing. A Hospital gown will be provided for you. Orthopedic patients having knee surgery should bring shorts or jogging pants and comfortable shoes.
- We kindly request to set your mobile phone to silent. When using your mobile phone to call for someone to pick you up, please make the call as short as possible.
- We advise you not to bring valuables such as jewelry/money/credit card etc. but you can bring a book, magazine, reading glasses etc.
- A waiting area is provided for family members. Because young children often have a difficult time waiting quietly, it can cause increased anxiety for adults in the waiting area. Therefore we encourage you not to bring young children to the waiting area.
- The hospital is not responsible for the loss or damage of any personal belongings.

At Ambulatory Care

- Visitors are not allowed in the department but when a child is admitted it's mandatory for a parent to stay. At the Ambulatory care unit a nurse will complete the final health assessment. You will change into a Hospital gown and receive a wristband with all your personal information. The exact time of surgery is not always known upfront.

After Surgery

- Be sure to follow your doctor's orders regarding rest, medication and diet. Surgery and, more particularly, general anesthesia can leave you feeling tired and with a depressed appetite. Unless you are given directions, drink clear liquids for the first three to four hours after surgery. It's normal to feel light-headed and sleepy after surgery. Therefore, you should not drive or operate machinery for at least 24 hours.
- If you develop difficulty breathing, excessive bleeding, fever over 101 degrees Fahrenheit, or any other post-operative problem after leaving the Hospital, you should call your doctor immediately.
- Parents or guardians of children should observe their child continuously upon returning home and should call the doctor immediately if any problems develop.